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Novartis
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Title: SEMINAR ON DIABETES, ITS MANAGEMENT AND COMPLICATIONS: AN UPDATE

Description: The seminar is for health care professionals (HCP): medical doctors and other allied health care professionals, who are interested to enhance their knowledge and skills in managing diabetes, as well as promote the right attitude in handling people with diabetes. Review and update on Diabetes, management and complications will be the done. Pharmacologic management throughout the lifespan will be given emphasis through case analysis. To intensify the effect of pharmacologic management, basic medical nutrition therapy (MNT) will be discussed. Managing diabetes is not the sole responsibility of HCP thus self-management education will be introduced towards empowerment of people with diabetes. To augment the knowledge on Insulin therapy and monitoring of blood sugar, actual demonstration on how to inject and monitor will be done.

Lecturer & Facilitator:

Diabetes Philippines (DP) Board of Directors, and Members of HCP

Methodology: Lecture, Discussion, Case Analysis, Demonstration and Return Demonstration

General Objectives: At the end of the seminar, the participants will be able to enhance their skills in managing diabetes.

Specifically, the participants will be able to:

1. Discuss the updated concepts related to diabetes, its risk factors, signs and symptoms, classifications, complications and management.
2. Show the importance of diabetes self-management education as a tool to empower people with diabetes
3. Demonstrate insulin injection technique and blood glucose monitoring
4. Demonstrate carbohydrate counting strategy.
5. Identify the carbohydrate counting tools.
6. Identify different evidence based weight management meal planning strategies.
7. Illustrate the calorie counting as meal planning strategy
8. Demonstrate the use of food labels in calculating nutritional value.

diabetes philippines
in cooperation with
Diabetes Philippines Cagayan Valley Chapter

65th DIABETES WORKSHOP & 30th DIABETES FORUM

Balai Carmela
Dunkin Drive, Capitol Hills Caggay, Tuguegarao City
August 2-3, 2018 (Thursday-Friday)

CME/CPD CREDITS AVAILABLE:
Physicians: 11 PRC-CPD Units (Accreditation No. 2012-004)
Nursing: PRC Accreditation No. 2018-221
RND: applied
Applied: 3 PCP-CPD Units, 100 PMA CME Units, 16 PAFP Under Category II

65th Diabetes Workshop & 30th Diabetes Forum
August 2, 2018 (Thursday) 8:00am – 5:00pm
 Balai Carmela, Dunkin Drive, Capitol Hills, Caggay, Tuguegarao City

TIME	TOPICS
7:00 – 8:00	Registration
8:00 – 8:15	Opening Ceremonies National Anthem and Invocation Welcome Remarks - Ma. Raul Carmela E. Combate, MD - Agnes T. Cruz, MD Introduction to the Workshop - Francis I. Pasaporte, MD
8:15 – 8:45	The Challenges of Diabetes: Its Burden, Risk, Diagnosis and Classification Speaker: Maria Marci C. Cruz, MD
8:45 – 8:55	Q & A
8:55 – 9:25	Diabetes Across the Lifespan (from pregnancy to adulthood): An Update in Management Speaker: Francis I. Pasaporte, MD
9:25 – 9:30	Q & A
9:30 – 10:00	Break Time/Snacks/Visit Exhibits
10:00 – 10:30	Acute Complications: Detection, Treatment and Prevention Speaker: Grace K. de los Santos, MD
10:30 – 10:40	Q & A
10:40 – 11:10	Management of the Diabetic Kidney: A Diabetologist's Perspective Speaker: Agnes T. Cruz, MD
11:10 – 11:20	Q & A
11:20 – 11:50	Insulin Therapy Made Easy Speaker: Fatma I. Tiu, MD
11:50 – 12:00	Q & A
12:00 – 1:30	Lunch Symposium by Natrapharm Treating Type 2 Diabetes in the Real World Speaker: Fatma I. Tiu, MD
1:30 – 2:00	Insulin Devices and Injection Techniques Speaker: Leyden V. Florido, RN
2:00 – 2:10	Q & A
2:10 – 2:40	The Do's and Don'ts in Diabetes Wound Care Speaker: Nines P. Bautista, MD
2:40 – 2:50	Q & A
2:50 – 3:20	Care of Patients Undergoing Surgery Speaker: Ma. Raul Carmela E. Combate, MD
3:20 – 3:30	Q & A
3:30 – 4:00	Break Time/Snacks/Visit Exhibits
4:00 – 4:30	Medical Nutrition Therapy: Making It Understandable and Doable Speaker: Jennina A. Duatin, RND
4:30 – 4:40	Q & A
4:40 – 5:00	Awarding of Certificate to Pharma

65th Diabetes Workshop & 30th Diabetes Forum
August 3, 2018 (Thursday) 8:00am – 4:00pm
 Balai Carmela, Dunkin Drive, Capitol Hills, Caggay, Tuguegarao City

TIME	TOPICS
8:00 – 9:00	Registration
9:00 – 9:15	Introduction to Nutrition Workshop - Jennina A. Duatin, RND
Nutrition Workshop in cooperation with Abbott Nutrition	
9:15 – 12:00	Carbohydrate Counting Facilitators: Jennina A. Duatin, RND and Olivia O. Dabu, RND
	Calorie Counting Facilitators: Maria Bernadette G. Platon, RND and Khristine Ivy N. Llave, RND
	Food Label Reading Facilitators: Ivy D. Ramallosa, RND and Glenna E. Bernabe, RND
12:00 – 1:00	Lunch
Insulin and Blood Glucose Monitoring in cooperation with BD, Globo Asiatico and Novo Nordisk	
1:00 – 1:15	Introduction to Insulin and Blood Glucose Monitoring Workshop - Leyden V. Florido, RN
1:15 – 4:00	Single
	Mixing
	Re-usable
	Disposable
	Blood Sugar Monitoring

WORKSHOP COORDINATORS

Francis I. Pasaporte, MD
 Ma. Raul Carmela E. Combate, MD
 Jennina A. Duatin, RND
 Leyden V. Florido, RN
 Ms. Maripee P. Genato

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